



Lawford Football Club

THE EXTRA TIMES

www.lawfordfc.co.uk

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Jonathan Sly
Child Welfare Officer

So, what can you do to help? As a spectator, ensure you stay behind the Respect barriers, home and away. Support both teams positively whether they win lose or draw. As a player, be a positive team mate and shake hands with the opposition players and the referee after each game. As a coach, always look for the positive in every player and in every game knowing that some games you win and others you learn from.

Remember that we only do positive!

We Only Do Positive

The success of the FA Respect campaign, launched in 2008, had a positive impact on the behavioural problems that were creeping into the game at all levels. Following its success the FA have relaunched the campaign under the title 'We Only Do Positive' to spread the message wider and deeper.

It highlights the importance of positive behaviour towards young footballers, especially from parents, carers and coaches. The campaign is rooted in extensive research to understand the effect of negative behaviour on young players and where Respect interventions would be most effective. This provided clear evidence of why positivity was so important in the youth game.

Nine in ten children played better with positive encouragement. The research also highlighted that negative experiences had serious adverse effects on their footballing ability and their enjoyment of the sport leading to increasing numbers of young players leaving the sport altogether.

'We Only Do Positive' is a response to this research which uses a strategic approach to target coaches and parents specifically around mini-soccer and youth football. It aims to promote and educate coaches and parents on their roles in creating a fun, safe and inclusive environment for all the players, ensuring they have great experiences throughout their football journey.





Short Corner

News from around the Club

Trophy Event The FA Cup trophy visited Brantham Athletic to coincide with the Club's historic second qualifying round tie against Eastbourne Borough. A number of Lawford players accepted



the kind invitation from Brantham to view the trophy.

Good progress by Lawford U16s Wining seven of their last eight league fixtures, Lawford U16s have become the in form team in Division B of the Colchester & District Youth Football League. Notable games before the Christmas break included a 6-3 win over table topping St. Edmunds and a 3-2 victory over Wivenhoe Town, who had shown good form earlier in the season.

The new year started with a closely fought friendly over Division A team,

Coggeshall Town. With just five league fixtures remaining and with Lawford sitting only two points behind league leaders, St Edmunds, there is everything to play for over the next few weeks. Come on Lawford!

Goalkeeper Training at School Lane

Goalkeeper coach, Chris Haigh, is running training for goalies at School Lane from 6-7pm on Fridays. One manager from a nearby club told us "Chris is really good at methods and



communication with the boys. My keeper went home and has raved to his parents ever since about the session." If you are interested please contact Chris (07792 956797)

U14s Players Wanted

Our U14s are looking to strengthen their squad with the addition of new players. Training is on Wednesdays from 7-8pm and is held at Essex University during the winter. The team is supported by two qualified coaches. For more information please see the Club's website or contact Matt Cossor (matthew.cossor@btinternet.com)

New Sponsor for U11s

A huge thank you to D Salmon Cars for their sponsorship of rain jackets and training kit for the U11s,





Carl White

Opportunity to launch a School Year 3 Team

We are seeking enthusiastic individuals to help establish and manage an U8s team (current School Year 3). This team will become an U9s team, playing in the Colchester & District Youth Football League from the start of next season in September 2019.

The Club will offer support with recruiting players, coaching qualifications, equipment, together with use of our exceptional facilities at School Lane. If you are interested please contact Carl White, Football Development Officer, carl.2.white@hotmail.com

Ninety seconds with Carl White, U13s Blues Manager

How did you first become involved in the Club? I knew John D through work and contacted him about my eldest joining, the rest is history

What has been the highlight of your time at the Club so far?

I don't have a single stand out moment, however I do enjoy the feeling in August when I start to look forward to the new season starting in September.

Other than Lawford FC, which team do you support? Currently hiding behind the sofa as an Ipswich Town supporter

What is your all time football highlight? Playing would be winning League and Cup double with Elmstead Market in 2001. Supporting would either be seeing my first game at Wembley (England v Brazil) or watching Ipswich in playoff final at Wembley.

Who is your football hero?

Bruce Grobbelaar (before he started throwing matches!!) and John Wark

Bacon butty or ham & cheese panini?

Bacon all the way!

If you could change one thing about the game what would it be?

Where do I start (I am going to ignore the 'one'). Stop making us fill in pointless match forms for kids football (and imposing fines when the smallest detail is wrong!) Revamp the academy schemes to stop allowing clubs to cast their net hundreds of miles and allow the kids who are in the academies to continue playing with their mates on Sundays. Ban substitutions in final 10 mins of games And finally replace yellow cards with 10 minute sin bins I could go on for a while!!

How many pairs of football boots do you own? One (why do you need more?)

What is the best advice you've been given? Don't eat yellow snow.

If you could choose one piece of music to be played as you come on to the pitch what would it be? A choice between 'Send in the Clowns' and 'Lip Up Fatty' would be most appropriate.

Thank you Carl

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Fund Raising to Realise our Full Potential

While the Club is in a solid financial position, raising the funds to develop all-weather facilities at School Lane will be a substantial undertaking and will require some major fund raising events over the months ahead. Corrina Dolso, the Club's Fund Raising officer, would love to hear your ideas for potential events and activities.

Do you or do you know of someone who might be interested in being the lead "named" sponsor for the new facility? Do you work for a private company that has community funding capacity? Please contact Corrina by e-mail. (corrina.dolso@btopenworld.com)

Stay Informed

Look out for further updates on the All-Weather Project in future newsletters, on the Club's website and on Twitter @LawfordFootball

Realising our Full Potential

Every year as winter starts, Lawford teams disperse to various locations in the surrounding area in order to train on all weather pitches. Many teams that train on Saturday morning play at East Bergholt, while others use the facilities at the University or at Colchester United. Some teams choose to train inside at Manningtree Sports Centre. All of this comes at a cost, not only in terms of hiring space but also as parents and carers juggle logistics.



Opportunity to transform this into....

Imagine for a moment if all of our winter training - for Senior, Youth and Junior teams - could happen at a single location. With fantastic pitches and a great clubhouse we already have some first class facilities at School Lane. Imagine if these were complemented by an on-site all weather playing surface.

For a number of years the tennis courts at School Lane have been derelict. Who can remember the last time they saw anyone play tennis there? Occasionally, someone will venture into the courts to retrieve a football that's gone over the fence but otherwise the space is something of a no go area. Working with the Parish Council, the Club has started to explore the potential to replace the tennis courts with an all-weather football pitch, for use by both the Club and the local community.

....something more like this



The initial technical advice is that the existing base is largely sound and that a 3G surface could be constructed on top of this. While this would clearly be positive from an environmental perspective, the financial cost to establish an all weather football facility will be substantial. The Club has established a working group to lead this project, but to realise the potential of the School Lane site will require support from across the whole Club and the local community.

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